

Celnutra™ RDM

Nutrition for Diabetes Mellitus

Re-mission to Progress ...



Nutrition Information

Nutrients	Unit	Per 100 g	Per serving 50g	% RDA per serving*
Energy	Kcal	420	210	# 10%
Protein	g	36	18	34.30%
Fat	g	15	7.5	26%
Saturated Fatty Acids	g	1.43	0.71	**
Poly unsaturated fatty acids	g	0.41	0.20	**
Mono unsaturated fatty acids	g	8.72	4.36	**
Linoleic acid	g	0.22	0.11	**
DHA	mg	200	100	**
ALA	mg	65	32.5	**
Trans Fatty Acids	g	0	0	**
Cholesterol	mg	0	0	**
Carbohydrates	g	26	13	**
Of which Sugar (Sucrose)	g	0	0	**
Fiber	g	19	9.5	30%
Lycopene 10%	mg	5	2.5	**
Vitamins				
Vitamin A (as acetate)	mcg	1000	500	50%
Vitamin C (ascorbic acid)	mg	80	40	50%
Vitamin B3 (Niacinamide)	mg	14	7	50%
Vitamin B2 (Riboflavin)	mg	1	0.5	50%
Vitamin B6 (Pyridoxine HCL)	mg	1.9	0.95	50%
Vitamin B1 (Thiamine HCL)	mg	1.4	0.7	50%
Vitamin B5 (Calcium D Pantothenate)	mg	5	2.5	50%
Vitamin E (as tocopherol acetate)	mg	5	2.5	25%
Vitamin B12	mcg	2.2	1.1	50.00%
Folic acid	mcg	150	75	25%
Biotin	mcg	22	11	27.50%
Choline	mg	130	65	**
Vitamin K	mcg	30	15	27.27%
Vitamin D	iu	400	200	33%
Minerals				
Calcium (Tricalcium Phosphate)	mg	750	375	37.50%
Chromium Picolinate	mcg	40	20	40%
Phosphorus	mg	750	375	37.50%
Sodium	mg	200	100	5%
Potassium	mg	350	175	5%
Magnesium	mg	220	110	25.00%
Iron	mg	5	2.5	13.10%
Zinc	mg	8	4	23.50%
Manganese	mg	2	1	25%
Copper	mg	0.4	0.2	14.70%
Iodine	mcg	35	17.5	12.5%
Selenium	mcg	30	15	37.50%
Molybdenum	mcg	35	17.5	**
Chloride	mg	174	87	**
Coenzyme Q 10	mg	100	50	**
L Taurine	mg	100	50	**
L Carnitine	mg	200	100	**
L Arginine	mg	1.5	0.75	**
Myoinositol	mg	300	150	**
Probiotic Blend	Billion spores	5	2.5	**

Nutrition Application

- For effective management of Weight.
- Aids in control and management of Diabetes, Prediabetes and other lifestyle disorder.
- For meeting up a higher protein demand.
- For enhancing insulin sensitivity.

Product Specifications:

Calorie Density: 1.0 Kcal/ml

Carbohydrate source: Resistant Maltodextrin, Glycerin powder

Protein source: Skimmed Milk Powder, Whey Protein Hydrolysate, Whey Protein Concentrate (Instant).

Fat source: MCT fat Powder, High Oleic Sunflower Powder, Canola oil, Algal oil

Fiber source: NUTRIOSE FB 06, Hydrolyzed Guar Gum, Inulin, FOS

Probiotic source: *Lactobacillus rhamnosus*, *Bifidobacterium bifidum*, *Lactobacillus Acidophilus*, *Bacillus Coagulans*

Natural extracts: Fenugreek Extract, *Gymnema Sylvestre* Extract, *Glycyrrhiza Glabra* Extract

Renal Solute Load: 57.4 mOsm/ 100ml

NPC to N Ratio per 100g: 48:1

Calorie Distribution: Sustained Released Energy Formula

Nutrients	100 g 420 Kcal	Per serving 50g-210 Kcal	Energy %
Protein blend	36 g	18 g	34%
Fiber blend	19 g	9.5 g	9%
Lipid blend	15 g	7.5 g	32%
Carbohydrate blend	26 g	13g	25%

Rx **Celnutra**™ **RDM**

Nutrition for **Diabetes Mellitus**


Nucgnex™

Re-mission to Progress ...



Features

- Nutritionally balanced formulation that allows sustain release of energy for comprehensive diabetes management.
- Enhanced with unique carbohydrate blend, comprising Resistant Maltodextrin, Glycerin powder which is low in glycemic index and enables balanced energy supply.
- High in Fiber coated with Cellular carbs, NUTRIOSE FB 06, Hydrolyzed Guar Gum, Inulin, FOS for early satiety, reduced unwanted cravings and improved Gut flora.
- Enriched with slow-release protein blend (Calcium Caseinate and Whey Protein Concentrate (Instant).
- High in Protein with Protein Digestibility Amino acid score (PDCASS) of 1.0.
- It is sucrose free, glycerin based hence low glycemic index formulation.
- High in chromium: Only 1 serving(50g) meets about 37.5 % of RDA for Selenium, thus helps in insulin sensitivity.
- Enriched with unique Probiotic Blend (*Lactobacillus Rhamnosus*, *Bifidobacterium bifidum*, *Lactobacillus Acidophilus*, *Bacillus Coagulans*).
- High in MUFA, for improved postprandial glucose response.
- Enriched with Myoinositol, Arginine, Taurine, Carnitine, Coenzyme Q10 which helps in effective management of diabetes-related complications.
- Enriched with natural extracts like Fenugreek Extract, *Gymnema Sylvestre* Extract, *Glycyrrhiza Glabra* Extract to regulate insulin sensitivity.

When to Consume Celnutra RDM?

- As a complete meal replacement for weight management or other clinical condition.
- As a partial meal replacement- Half serving of Celnutra RDM can be used before major meals for managing portion size and glucose response.
- As snack replacement between major meals.
- And as directed by Health Professionals.

Ingredients :

Calcium Caseinate and Whey Protein Concentrate (Instant), NUTRIOSE FB 06, FOS, Inulin, Hydrolyzed Guar gum, Resistant Maltodextrin (Fibersol), Glycerin powder, MCT fat Powder, High Oleic Sunflower Powder, Canola oil, Algal oil, L -Taurine, L-Arginine, L-Glutamine, L-Carnitine, L-Tartrate, Myoinositol, Coenzyme Q10, Probiotic blend (*Lactobacillus rhamnosus*, *Bifidobacterium bifidum*,

Lactobacillus Acidophilus, *Bacillus Coagulans*), Vitamins & Minerals blend, Natural Extract, (Fenugreek Extract, *Gymnema sylvestre* Extract, *Glycyrrhiza glabra* Extract).

Recommended Usage:

5 scoops (approx 50 g) or as directed by Health Professionals.

Instructions for use:

Take 170ml of water or warm milk. Add one serving of 50g (approx. 5 leveled scoops) of Celnutra RDM. Stir quickly to mix well. Recommended serving suggestion is once or twice a day. For best results, Celnutra RDM should be consumed in place of major meal like breakfast, lunch or dinner. Please consult your healthcare advisor for any specific consumption advice.

- Celnutra RDM can be used as Oral feed.
- This formulation can be replaced for milk for preparations like milkshakes, and smoothies without need of extra sugar.
- It can also be added in other milk preparations once the cooking procedure is done and the food is at room temperature.
- Follow feeding chart instructions and duration of use to be recommended by health care professional.

Storage:

- The Jar contains the sealed Aluminium foil pouch. Once open the content to be used within 4 weeks.
- After use close the lid of the jar and store cool dry place.
- Once reconstituted use promptly within 12 hours at room temperature / Refrigerator.
- Care should be taken to avoid contamination during preparation of feed.
- Not for Parenteral use. Not intended for children below 10 Years. Do not add medication or other food substances.

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