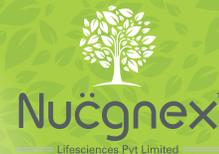


Joylite

High Fiber-Flax Seed, Protein Cookies

The Everyday Healthy Snacking



Nutrition Information :

Nutrients	UOM	Per 100 g of product (Approx. Values)
Energy	kcal	576
Carbohydrate	g	63
- Sugars	g	ND
- Dietary Fiber	g	9
Protein	g	10
Total Fat	g	32
- Saturated Fatty Acids	g	15
- Mono Unsaturated Fatty Acids	g	12
- Poly Unsaturated Fatty Acids	g	3
- Trans Fatty Acids	g	ND
- Cholesterol	mg	ND
Sodium	mg	266
Calcium	mg	38
Potassium	mg	231
Contains traces of other Vitamins and Minerals		

Nutrition Applications:

- Appropriate for emotional eaters, binge eating, premenstrual syndrome
- Takes care of cravings / excessive hunger
- Suitable for patients with diabetes- both for adults and children
- For patients on dialysis as a snack post or in between dialysis cycles
- Suitable for women suffering from PCOS/PCOD
- Suitable for achieving weight loss

Ingredients :

Whole wheat grain flour (atta), flax seeds(10%), chickpeas (8%), Millet flour (2%), sesame seeds (1.3%), ragi flour (1.0%), raising agents [ins 503(ii), ins 500(ii)], iodized salt, Emulsifier (ins 472(e)), antioxidant (ins 300), edible Vegetable fat (inter esterified vegetable fat - palm), natural Sweetener stevia extract - RA -97 .

Product Specifications :

Caloric Density : 57.6 Kcal / 10 gm cookie

Carbohydrate Source – Whole wheat grain flour, Millet flour, Ragi flour, Chickpeas

Functional Fat Source : Edible Vegetable Fat

Prebiotic Fiber Source : Nil

Renal Solute Load : 8.35 mOsm / Cookie (57 Kcal)

NPC to N Ratio : 332 : 1

Caloric Distribution (% of kcal)

Protein : 8.3% , Carbohydrate: 44%, Fat: 50%

Instructions For Use : The Jar contains the sealed Aluminum foil pouch. Once Open the content to be used within 4 weeks. After use close the lid of the jar and store cool and dry place.

Features :

- Complete Vegan source
- Enriched with Flax seeds , Sesame seeds with Chickpea protein
- Fortified with Indian millets
- High in Fiber and Protein
- Not added Artificial color , flavor
- Not added sugar
- Suitable for Diabetics

Age Indication : Suitable for 05 years and above

Precautions : Polyols may have laxative effects

Allergen information : Contains wheat gluten & sesame seeds, Chickpea

If under any specific medication or medical condition consult your healthcare professional before using the product.

Storage: Store unopened product at room temperature. Use by date printed on label of package.

Patent Pending formulation

Recommended Dosage :

2 to 3 cookies per day or as recommended healthcare professionals



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